# SPORTS APPLICATION PROCESS FOR SPRING 2023-2024 SCHOOL YEAR

### Important Dates:

Season/Sport:	Season Start Date:	MRHS Application Opens:	Application and Medical Paperwork Due:
Tennis	March 11, 2024	January 29, 2024	March 1, 2024
Baseball/Softball Pitchers & Catchers	March 11, 2024	- January 20, 202 i	War of 1, 2021
Baseball/Softball	March 14, 2024		
Golf	March 14, 2024	January 29, 2024	March 1, 2024
Lacrosse	March 14, 2024		
Track	March 14, 2024	January 29, 2024	March 1, 2024

Below is an outline of the steps necessary to participate in MRHS Athletics.

- Be sure to complete both Part A and Part B for your Sports Application:
  - Part A: Online Registration

#### Select one of the following:

- 1. I have a student who attends Monmouth Regional High School and I have a Genesis Parent Portal account:
  - Sign into your <u>Genesis Parent Portal</u> account and access the current Sports Application under the <u>Forms</u> tab.
- 2. I have an incoming 9th grader or a current Monmouth Regional High School student and need to register for a Genesis Parent Portal account:
  - Please complete the <u>Parent Portal Access Form</u> and return it to the Guidance Office. Completed forms may also be emailed to the address listed directly below. • Any Questions? Email: Francine Reinecke Student Registrar 732-542-1170 ext.1121 freinecke@monmouthregional.net
- 3. I have a student who attends one of the MCVSD Academies and lives in one of our sending districts:

Please follow the steps here *Non-MRHS Students Registration Steps* 

## Part B: Medical Paperwork

#### Select one of the following:

- **1. Full Sports Physical Evaluation Packet** (Must be completed if the last physical exam was more than 365 days from the sport's official start date)
  - All students planning to participate in sports must have one comprehensive sport physical per year. According to N.J.A.C. 6A:16-2.2 et.seq. each candidate for a school athletic team must have a medical examination within 365 days of the sport's official start date.
  - o Download the packet here: Full Sports Packet
- **2. Health History Update Form** (Must be completed within 90 days of the sport's official start date, if not turning in the Full Sports Physical Evaluation Packet)
  - Download the form here: <u>Health Update</u> One of the above packets <u>must be</u> submitted to the nurse's office to be considered for clearance to participate.
- **3. ImPact Baseline Concussion Testing** (Must be completed prior to the first official day of practice and is good for one year results will be updated in the student records by the Athletic Trainer upon completion)
  - o Download the instructions here: ImPact Testing Instructions